Department for Education Guidance Outcomes for Year 6 Pupils

Relationship Education (Primary)

| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
|--|--|--|-----------------|---------------------------------------|--|--|
| Families and people who care for me. | That families are important for children growing up because they can give love, security and stability. | PSHE Autumn 1 Y1, 6 PSHE Autumn 2 YR, 1, 2, 3, 4, 5, 6 PSHE Summer 2 Y6 RE Curriculum | | PSHE Book Selection SEAL Resources | Family Support Worker – Angie Sawyer | Family SEAL Year 4 |
| | The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family member, the importance of spending time together and sharing other's lives. | PSHE Autumn 1 Y1, 6 PSHE Autumn 2 YR, 1, 2, 3, 4, 5, 6 PSHE Summer 2 Y6 | | PSHE Book Selection SEAL Resources | Family Support Worker – Angie Sawyer | Anti-Bullying Week Family SEAL Year 4 |
| | That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that the other children's families are also characterised by love and care for them. | PSHE Autumn 1 Y1, 6 PSHE Autumn 2 YR, 1, 2, 3, 4, 5, 6 PSHE Summer 2 Y6 RE Curriculum | | PSHE Book Selection SEAL Resources | Cultural Champions Visitor Open the Book Assembly | Anti-Bullying Week Family SEAL Year 4 British Values |
| | That stable, caring relationship, which may be of different types, are at the heart of happy | PSHE Autumn 1 Y1, 6 PSHE Autumn 2 | | PSHE Book Selection SEAL Resources | Family Support Worker – Angie Sawyer | Anti-Bullying Week Family SEAL Year 4 |

| | families, and are important for children's security as they grow up. | YR, 1, 2, 3, 4, 5, 6 PSHE Summer 2 Y6 | | | | |
|-----------------------|--|---|---------------------------|---------------------------------------|-----------------------|---|
| | | RE Curriculum | | | | |
| | That marriage and civil partnership represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong. | PSHE Summer 1 Y3, 4 PSHE Summer 2 | | PSHE Book Selection SEAL Resources | | Anti-Bullying Week British Values |
| | How to recognise if family relationships are | RE Curriculum PSHE Summer 1 | Pastoral leads | PSHE Book Selection | Family Support Worker | Family SEAL Year 4 |
| | making them feel unhappy or unsafe, and how to seek help or advice from others if needed. | Y3, 4, 5, 6 | All staff Thrive training | SEAL Resources | – Angie Sawyer | Worry bags |
| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
| Caring Friendships | How important friendships are in making us feel happy and secure, and how people choose and make friends. | PSHE Summer 1 YR, 1, 4, 5, 6 | Pastoral leads | PSHE Book Selection SEAL Resources | | Healthy Hero Days |
| | The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties. | PSHE Summer 1 YR, 1, 4, 5, 6 RE Curriculum | Pastoral leads | PSHE Book Selection SEAL Resources | | Anti-Bullying Week British Values |
| | That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. | PSHE Summer 1 YR, 1, 4, 5, 6 | Pastoral leads | PSHE Book Selection SEAL Resources | | Anti-Bullying Week Healthy Hero Days British Values |
| | That most friendships have ups and downs, and that these can often be | PSHE Autumn 1 | Pastoral leads | PSHE Book Selection | | British Values |

| | worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right. How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, how to manage these situations and how to seek help or advice from others, if needed. | Y1, 2, 3, 4 PSHE Summer 2 Y3, 4 PSHE Autumn 1 Y3, 4, 5 PSHE Autumn 2 Y1, 2, 3, 4, 5, 6 PSHE Spring 1 YR, 1, 2, 3, 4, 5 PSHE Summer 1 Y5, 6 PSHE Summer 2 Y5, 6 | Pastoral leads | SEAL Resources PSHE Book Selection SEAL Resources | CAP, NSPCC | Worry bags British Values |
|-----------------------------|---|--|-----------------|---|--|---|
| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
| Respectful Relationships | The importance of respecting others, even when they are very different from the (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. | PSHE Autumn 2 YR, 1, 2, 3, 4, 5, 6 RE Curriculum | Pastoral leads | PSHE Book Selection SEAL Resources | Cultural Champions Visitor Open the Book Assembly | Anti-Bullying Week School Council, Sports Council, Eco Council British Values |
| | The conventions of courtesy and manners. | PSHE Autumn 2 Y R, 1, 2, 3, 4, 5, 6 | Pastoral leads | PSHE Book Selection SEAL Resources | | Anti-Bullying Week British Values |

| | The importance of self-respect and how this links to their own happiness. | PSHE Autumn 2 Y3 | Pastoral leads All staff Thrive training | PSHE Book Selection SEAL Resources | | Anti-Bullying Week British Values |
|-----------------|---|--|---|---------------------------------------|--|--|
| | That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority. | PSHE Autumn 1 YR, 1, 2, 3, 4, 5, 6 PSHE Autumn 2 YR, 1, 2, 3, 4, 5, 6 PSHE Summer 2 Y6 | Pastoral leads | PSHE Book Selection SEAL Resources | Cultural Champions Visitor Open the Book Assembly | Anti-Bullying Week Charity work School Council, Sports Council, Eco Council Ambassadors British Values |
| | About different types of bullying (including cyber bullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help. | PSHE Autumn 1 Y3, 4, 5 PSHE Autumn 2 YR, 1, 2, 3, 4, 5, 6 RE Curriculum | | PSHE Book Selection SEAL Resources | Cultural Champions Visitor | Anti-Bullying Week Worry bags British Values |
| | What a stereotype is, and how stereotypes can be unfair, negative or destructive. | PSHE Autumn 2 Y4, 5, 6 RE Curriculum | | PSHE Book Selection SEAL Resources | Cultural Champions Visitor Open the Book Assembly | Anti-Bullying Week British Values |
| | The importance of permission-seeking and giving in relationships with friends, peers and adults. | PSHE Summer 2 Y6 | | PSHE Book Selection SEAL Resources | CAP, NSPCC | Anti-Bullying Week British Values |
| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |

| Online | That people sometimes behave | ICT Curriculum | ICT Coordinator | PSHE Book Selection | CAP, NSPCC | Internet Safety Week |
|--|---|--|-----------------|---|--------------------|--|
| Relationships | differently online, including by pretending to be someone they are not. | | | SEAL Resources | | |
| | That the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when | PSHE Summer 1 Y5, 6 ICT Curriculum | ICT Coordinator | PSHE Book Selection SEAL Resources | CAP, NSPCC | Anti-Bullying Week Internet Safety Week British Values |
| | we are anonymous. The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them. | PSHE Autumn 2 Y2 PSHE Spring 1 YR, 1, 2, 3, 4, 5, 6 ICT Curriculum | ICT Coordinator | PSHE Book Selection SEAL Resources | CAP, NSPCC | Internet Safety Week |
| | How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met. | PSHE Autumn 2 Y2 PSHE Spring 1 YR, 1, 2, 3, 4, 5, 6 ICT Curriculum | ICT Coordinator | PSHE Book Selection SEAL Resources | CAP, NSPCC | Internet Safety Week |
| | How information and data is shared and used online. | ICT Curriculum | ICT Coordinator | PSHE Book Selection SEAL Resources | | Internet Safety Week |
| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
| Science Curriculum (No right to withdraw) | The names of external body parts and changes to the human body as it grows, including puberty. | Relationship Education <i>(See policy)</i> PSHE Spring 1 Y1, 2 PSHE Summer 2 | | See RSE box Channel 4 'Living & Growing' series Sex and Relationship education books. | | Parent Consultation |

| | | YR, 1, 2, 3, 4, 5, 6 | | | | |
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| | | Science Curriculum | | | | |
| | The human life cycle, including how a baby is conceived and born. | Relationship Education (See policy) PSHE Spring 1 Y1, 2 PSHE Summer 2 YR, 1, 2, 3, 4, 5, 6 Science Curriculum | | See RSE box Channel 4 'Living & Growing' series Sex and Relationship education books. | | Parent Consultation |
| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
| Being Safe | What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context). | PSHE Autumn 1 YR PSHE Autumn 2 Y3 PSHE Spring 1 Y3 PSHE Summer 1 Y4, 5, 6 ICT Curriculum | | PSHE Book Selection SEAL Resources | CAP, NSPCC | Internet Safety Week British Values |
| | About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe. | PSHE Autumn 2 Y1, Y2 PSHE Spring 1 Y1, 2, 3 PSHE Summer 2 Y5, 6 | Pastoral leads | PSHE Book Selection SEAL Resources | CAP, NSPCC | Internet Safety Week British Values |

| | | ICT Curriculum | | | | |
|-----------------------------|---|--|----------------|---------------------------------------|------------|---|
| them, and t appropriate | erson's body belongs to the differences between and inappropriate or unsafe ad other contact. | PSHE Spring 1 YR, 1, 2, 3, 4, 5, 6 | | PSHE Book Selection SEAL Resources | CAP, NSPCC | |
| | oond safely and appropriately ey may encounter that they | PSHE Spring 1 YR, 1, 2, 3, 4, 5, 6 ICT Curriculum | | PSHE Book Selection SEAL Resources | CAP, NSPCC | Internet Safety Week |
| and to keep including ha | for help for self and others, o trying until they are heard, aving the vocabulary and to report concerns or abuse. | PSHE Autumn 1 YR, 1, 2, 3, 4, 5 PSHE Autumn 2 YR, 1, 2, 3, 4, 5, 6 PSHE Spring 1 YR, 1, 2, 3, 4, 5, 6 PSHE Summer 1 Y1, 2, 3, 5, 6 PSHE Summer 2 YR, 5, 6 ICT Curriculum | Pastoral leads | PSHE Book Selection SEAL Resources | CAP, NSPCC | Internet Safety Week Family SEAL Worry bags |
| | et advice from e.g. family, for other sources. | PSHE Autumn 1 YR, 1, 2, 3, 4, 5, 6 PSHE Spring 2 Y4, 5, 6 | Pastoral leads | PSHE Book Selection SEAL Resources | CAP, NSPCC | Internet Safety Week Worry bags |

| | ICT Curriculum | | |
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Physical Health and Mental Well Being (Primary)

| Outcome | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
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| Area | | | | | | |
| Mental Well | That mental wellbeing is a normal part | PSHE Spring 2 | Mental Health 1 st Aid | PSHE Book Selection | Family Support Worker | Mental Health Hero |
| Being | of daily life, in the same way as physical health. | ne way as physical Y2, 4, 5 | <u>training:</u> Ann Hext, Scott Baker | SEAL Resources | – Angie Sawyer | Day Anipals |
| | | | Mental Health Champions: Ann Hext, Anoushka Kirby Grief Training: Scott Baker, Carol Peachy, Emma Sharples, Ruth Dixon Pastoral leads in each unit | | Amanda Tyler – Educational Psychologist Matt Jones – Staff Well Being support | Tanglewood |
| | | | All staff have had Thrive training and a cycle of updates. | | Exeter Chiefs – Mental Health programme | |
| | That there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations. | PSHE Summer 1 YR, 1, 2, 3, 4, 5, 6 | Pastoral leads All staff Thrive training | PSHE Book Selection SEAL Resources | | Mental Health Hero Day Anipals Tanglewood British Values |

| | How to recognise and talk about their | PSHE Summer 1 | Pastoral leads | PSHE Book Selection | | Mental Health Hero |
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| | emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings. | YR, 1, 2, 3, 4, 5, 6 | All staff Thrive training | SEAL Resources | | Day Anipals |
| | | | | | | Tanglewood |
| - | How to judge whether what they are | PSHE Autumn 1 | Pastoral leads | PSHE Book Selection | | Internet Safety Week |
| | feeling and how they are behaving is appropriate and proportionate. | YR, 1, 2, 3, 4, 5, 6 | All staff Thrive training | SEAL Resources | | Healthy Hero Days |
| | | PSHE Summer 1 | | | | Mental Health Hero |
| | | YR, 1, 2, 3, 4, 5, 6 | | | | Day |
| | | | | | | Anipals |
| | | | | | | Tanglewood |
| - | The benefits of physical exercise, time | PSHE Autumn 1 Y2 | Specialist PE Teacher | PSHE Book Selection | Exeter Chiefs – Mental | Healthy Hero Days |
| | outdoors, community participation, voluntary and service-based activity on | PSHE Autumn 2 | | SEAL Resources | Health programme | Mental Health Hero |
| | mental wellbeing and happiness. | Y1, 4 | | | | Day |
| | | PSHE Spring 2 | | | | After School Clubs |
| | | YR, 1, 2, 3, 4, 5 | | | | Anipals |
| | | PSHE Summer 2 Y2 | | | | Tanglewood |
| | | PE Curriculum | | | | Charity Work |
| | | | | | | School Council, Sports |
| | | | | | | Council, Eco Council |
| | | | | | | School Ambassador Programme |
| | | | | | | British Values |

| the frie hot | nple self-care techniques, including e impact of relaxation, time spent with ends and family and the benefits of bbies and interests. | PSHE Spring 2 Y2, 4, 5 PSHE Summer 1 Y3, 6 | Pastoral leads | PSHE Book Selection SEAL Resources | Exeter Chiefs – Mental Health programme | Mental Health Hero Day After School Clubs Anipals Tanglewood Healthy Hero Days Tanglewood Family SEAL |
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| chil chil | plation and loneliness can affect ildren and that it is very important for ildren to discuss their feelings with an ult and seek support. | PSHE Autumn 1 Y3, 4, 5 PSHE Summer 1 Y3, 4 | Pastoral leads | PSHE Book Selection SEAL Resources | | Anti-Bullying Week Healthy Hero Days Mental Health Hero Day Anipals Tanglewood British Values |
| has | at bullying (including cyber bullying) s a negative and often long lasting pact on mental wellbeing. | PSHE Autumn 2 YR, 1,2,3,4,5,6 ICT Curriculum | All staff Thrive training | PSHE Book Selection SEAL Resources | | Anti-Bullying Week Internet Safety Week Healthy Hero Days Mental Health Hero Day British Values |

| Where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak if they are worried about their own or someone else's mental wellbeing or ability to | PSHE Autumn 1 YR, 1, 2, 3, 4, 5 PSHE Autumn 2 YR, 1, 2, 3, 4, 5,6 | <u>Mental Health 1st Aid</u> <u>training:</u> Ann Hext, Scott Baker <u>Mental Health</u> <u>Champions:</u> Ann Hext, | PSHE Book Selection SEAL Resources | Family Support Worker – Angie Sawyer Amanda Tyler – Educational | Healthy Hero Days Mental Health Hero Day Anipals |
|--|---|---|---------------------------------------|--|---|
| control their emotions (including issues arising online). | PSHE Spring 1 YR, 2, 3, 4, 5 PSHE Spring 2 Y3, 4, 5, 6 PSHE Spring 2 Y4, 5 | Anoushka Kirby <u>Grief Training:</u> Scott Baker, Carol Peachy, Emma Sharples, Ruth Dixon Pastoral leads in each unit | | Psychologist Matt Jones – Staff Well Being support | Tanglewood Family SEAL Worry bags |
| | PSHE Spring 2 14, 3 PSHE Summer 1 Y3, 4, 5, 6 PSHE Summer 2 Y1, 6 | All staff have had Thrive training and a cycle of updates. | | | |

| | It is common for people to experience mental ill health. For many people who do, the problems can resolve if the right support is made available and accessed, especially if they access support as early as possible. | PSHE Spring 1 Y3, 4, 5 PSHE Spring 2 Y4, 5, 6 | Mental Health 1 st Aid <u>training:</u> Ann Hext, Scott Baker <u>Mental Health</u> <u>Champions:</u> Ann Hext, Anoushka Kirby <u>Grief Training:</u> Scott Baker, Carol Peachy, Emma Sharples, Ruth Dixon | PSHE Book Selection SEAL Resources | Family Support Worker – Angie Sawyer Amanda Tyler – Educational Psychologist Matt Jones – Staff Well | Healthy Hero Days Mental Health Hero Day Anipals Tanglewood Worry bags |
|-----------------------------------|---|--|---|---------------------------------------|---|---|
| Outcome Area | Pupils Should Know | Curriculum Links | Pastoral leads in each unit All staff have had Thrive training and a cycle of updates. Human Resources | Physical Resources | Being support External Providers | Other |
| Physical Health and Fitness | The characteristics and mental and physical benefits of an active lifestyle. | PSHE Spring 2 YR, 2, 3, 4 PE Curriculum | Specialist PE Teacher | PSHE Book Selection SEAL Resources | Exeter Chiefs – Mental Health programme | Healthy Hero Days Sports Council |
| | The importance of building regular exercise into daily and weekly routines and how to achieve this, for example a daily active mile or other forms of regular, vigorous exercise. | PSHE Spring 2 Y2, 3, 4, 5 PE Curriculum | Specialist PE Teacher | PSHE Book Selection SEAL Resources | Playing team games – through PE activities. | Healthy Hero Days Sports Council After school clubs |
| | The risks associated with an inactive lifestyle (including obesity) | PSHE Spring 2 Y4, 5 PE Curriculum | Specialist PE Teacher | PSHE Book Selection SEAL Resources | | Healthy Hero Days Sports Council |

| | | | | | | Inclusion Festivals, Exeter |
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| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
| Internet Safety and Harms | That for most people the internet is an integral part of life and has many benefits. | PSHE Spring 1 Y3, 4, 5, 6 ICT Curriculum | ICT Coordinator | PSHE Book Selection SEAL Resources Website including parent information | | Internet Safety Week Hero Days Newsletters Parent information evenings |
| | About the benefits of balancing time spent on and offline and the impact of positive and negative content online on their own and others' mental wellbeing. | PSHE Spring 1 Y3, 4, 5, 6 ICT Curriculum | ICT Coordinator Pastoral leads | PSHE Book Selection SEAL Resources Website including parent information | | Internet Safety Week Hero Days Newsletters Parent information evenings |
| | How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online. | PSHE Spring 1 Y3, 4, 5, 6 ICT Curriculum | ICT Coordinator Pastoral leads | PSHE Book Selection SEAL Resources Website including parent information | CAP NSPCC | Internet Safety Week Hero Days Newsletters Parent information evenings |
| | Why social media, some computer games and online gaming, for example are age restricted. | PSHE Spring 1 Y3, 4, 5, 6 ICT Curriculum | ICT Coordinator | PSHE Book Selection SEAL Resources Website including parent information | CAP NSPCC | Internet Safety Week Hero Days Newsletters Parent information evenings |

| | It is common for people to experience mental ill health. For many people who do, the problems can resolve if the right support is made available and accessed, especially if they access support as early as possible. | PSHE Spring 1 Y3, 4 PSHE Spring 2 Y4, 5 ICT Curriculum | Mental Health 1 st Aid training: Ann Hext, Scott Baker <u>Mental Health</u> <u>Champions:</u> Ann Hext, Anoushka Kirby <u>Grief Training:</u> Scott Baker, Carol Peachy, Emma Sharples, Ruth | PSHE Book Selection SEAL Resources Website including parent information | | Family SEAL British Values Healthy Hero Days Internet Safety Week Newsletters Parent information evenings |
|-------------------|---|--|---|--|---|---|
| Outcome | Pupils Should Know | Curriculum Links | Dixon Pastoral leads in each unit All staff have had Thrive training and a cycle of updates. Human Resources | Physical Resources | External Providers | Other |
| Area | | | | | | |
| Healthy Eating | What constitutes a healthy diet (including understanding calories, and nutritional content). | PSHE Spring 2 YR, 1,2,4 PE Curriculum | Specialist PE Teacher | PSHE Book Selection SEAL Resources | Exeter Chiefs – Tackling Health programme | Healthy Hero Days School Healthy Eating Policy |
| | The principles of planning and preparing a range of healthy meals. | PSHE Spring 2 YR, 1,2,4 PE Curriculum | Specialist PE Teacher | PSHE Book Selection SEAL Resources | Exeter Chiefs – Tackling Health programme | Healthy Hero Days School Healthy Eating Policy |

| | The characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity) and other behaviours (e.g. the impact of alcohol on diet or health). | PSHE Spring 2 Y2, 4,5 PE Curriculum | Specialist PE Teacher | PSHE Book Selection SEAL Resources | Exeter Chiefs – Tackling Health programme | Healthy Hero Days |
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| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
| Drugs, Alcohol and Tobacco | The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug- taking. | PSHE Spring 1 Y1, 2 PSHE Spring 2 Y4, 5, 6 | | PSHE Book Selection SEAL Resources | | Healthy Hero Days British Values |
| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
| Changing Adolescent Body | Key facts about puberty and the changing adolescent body. particularly from the age of 9 through to age 11, including physical and emotional changes. | Relationship Education <i>(See</i> <i>policy)</i> PSHE Spring 1 Y1, 2 PSHE Summer 2 YR, 1, 2, 3, 4, 5, 6 | | See RSE box Channel 4 'Living & Growing' series Sex and Relationship education books. PSHE Book Selection | | Parent Consultation |
| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
| | Know how to make a clear and efficient | PSHE Spring 2 Y5,6 | | PSHE Book Selection | | Healthy Hero Days |

| | Concepts of basic first aid, for example dealing with common injuries, including head injuries. | PSHE Spring 2 Y5,6 | | PSHE Book Selection SEAL Resources | | Healthy Hero Days |
|--------------------------|---|---|-----------------|---------------------------------------|---|--|
| Outcome Area | Pupils Should Know | Curriculum Links | Human Resources | Physical Resources | External Providers | Other |
| Health and Prevention | How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body. | PSHE Spring 2 Y4, 5 | | PSHE Book Selection SEAL Resources | | Healthy Hero Days |
| | About safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer. | PSHE Spring 1 Y2 | | PSHE Book Selection SEAL Resources | | Healthy Hero Days |
| | The importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and the ability to learn. | PSHE Spring 2 YR, 2, 3, 4 | | PSHE Book Selection SEAL Resources | | Healthy Hero Days |
| | About dental health and the benefits of good oral hygiene, including visits to the dentist. | PSHE Spring 2 Y1, 4 Science – Teeth Y4 | | PSHE Book Selection SEAL Resources | | Healthy Hero Days |
| | About personal hygiene and germs including bacteria, viruses, how that are spread and the importance of handwashing. | PSHE Spring 2 YR, 1, 2, 3 | | PSHE Book Selection SEAL Resources | Exeter Chiefs – Tackling Health programme | Healthy Hero Days Anipals Tanglewood |
| | About immunisations. | PSHE Spring 2 Y2 | | PSHE Book Selection SEAL Resources | | Healthy Hero Days |