



## UPDATE

Another busy week at school, particularly on the sporting front. Please keep an eye on the important dates section of the website as events are coming thick and fast at the current time. Have a lovely weekend.

## TAG RUGBY AT QE



We had another successful tag festival at QE this week with our Year 5 teams playing against several other schools who fielded their Year 5 and Year 6 teams. While making the final, and ultimately coming second, was a fantastic achievement for one of our teams, the levels of skill, teamwork and genuine support shown to their friends made this a great experience for all. Thankfully, it stayed dry too! Thanks to Mr Gillon of QE, the QE Year 9s who refereed and all of the adults who adapted to make the event a success.

## FOOTBALL FESTIVAL



On Monday, a team of footballers from Year 5 and 6 took part in the Exeter City Community Trust football festival at the Cat and Fiddle training ground. The air was chilly but our spirit was not and we got off to a great start by winning our first two games. Following a draw in the next game, we went back on the attack to finish top of our group of eight schools. Amazingly, we only conceded one goal and played some class passing football. Sadly, the knockout stages were a step too far for us and we lost our next game 1-0, despite having most of the possession and shots on goal. Our opposition took their single chance and scored, knocking us out of the tournament. Throughout the event, the children persevered and showed real character in accepting defeat with dignity and respecting their opposition. They were a credit to the school and their families.

## SUPER SUNDAY EXETER CHIEFS

### Exeter Chiefs Women Vs Harlequins Women

Last weekend, 20 children from Hayward's had the privilege of attending a Super Sunday Match Day Experience at Exeter Chiefs. After our guided tour of the backroom, and a great training session out on the main pitch, we were invited to join the Exeter University Cheerleaders to form the guard of honour as the teams ran onto the pitch. It was a great game with 15 women who played in the recent Rugby World Cup playing for their respective teams. The Call of 'Oggi, Oggi, Oggi' went up regularly, led by our children and the Chiefs responded with a great victory. After the game, most of the players came back out to sign autographs and chat to the children to thank them for their support. It was a fantastic day! A huge thank you to Mr Baker for organising this experience for us.



## LUCY AWARD



Toby has been picking up litter from our favourite beach in Cornwall and Tallulah has been working hard to collect food donations for those who are most in need. Well done to Toby and Tallulah who both achieved a Lucy Award.

## SPORTS STAR



Well done to Iris, Julia, Ophelia, Otto, Oscar and Scarlett who all impressed Mr Kelly last week by demonstrating the Hayward's Hero values within their PE lessons.

## YEAR 2 DENTIST VISIT

Year 2 had a visit from 'Open Wide and Step Inside' on Tuesday. Lisa explained the importance of brushing our teeth to make sure we keep our mouth healthy. All of the children were given a book about some characters that teach a giant how to look after his teeth and a pack with some tooth brushing goodies in'



## PUPILS USING THE TOILET IN SCHOOL

I am clear with staff, and always have been, that children can use the toilet when they need to. We encourage children to use the toilet at breaktime and lunchtime but they can use it when required. If there are concerns around a children needing to use the toilet too often, this will be discussed directly with the family in case it is something that needs to be investigated by a medical professional. No pupil will be placed on a traffic light for using the toilet. I have included a link to the school behaviour for clarity over when a traffic light might be used—[Behaviour Management Policy Autumn 2025.docx](#)

If you have any concerns about any aspect of school life, please report these directly to school and they will be looked into. A senior Leader, Clare, Kat or myself are always on the gate, rain or shine, to listen to any concerns that you may have.

## TIMID TO TIGER

The Mental Health Support Team (MHST) are offering families of Crediton the opportunity to engage with an intervention called Timid to Tiger. This is a parent group to support families with young and anxious children. These sessions include discussions, practice time and introduction of tips and ideas to support. The intervention runs for 10 weeks for 2 hours each week which will start at the end of February.

**Is your child anxious?**

**Does your child struggle to leave you?**

**Is your child afraid of something?**

**Do they have low confidence?**

Timid to Tiger is a 10 week group intervention to give parents skills to support their anxious young people.

This intervention is a non-judgemental, reflective space for parents to have the opportunity to share and learn.

We are open to parents:
 

- Who have primary aged anxious children.
- 2 hours available to commit to face to face sessions a week.
- Ready to make active change to support their young people.

Express your interest by speaking to Clare Bedford → Mini Assessment completed by a MHST Practitioner → Access the group or collaborative signpost

Any questions? Please contact Clare Bedford

## CHRISTMAS DINNER ORDERING

Nick, our Kitchen Manager, has informed me that you can now order Christmas Dinner via the online meal ordering system. I have attached the menu with the newsletter.

## APPLYING FOR A SCHOOL PLACE

The application window for a child starting primary school in September 2026 is fast approaching. If your child was born between **1 September 2021 and 31 August 2022** they are due to start primary school in September 2026. To make an application, which must be done between November 15th 2025 and the 15th January 2026, please go through the Devon Portal by clicking [here](#)

**Top Tips for SETTING UP PARENTAL CONTROLS ON NEW DEVICES**

In children's eagerness to start enjoying new digital gadgets immediately, it can be easy to overlook setting up the type of parental controls that can help to protect them online. If you don't sort those out from the very start, it can be an uphill battle – technologically and psychologically – to impose such controls later. Here's our rundown of what to look for when setting up the various internet-enabled devices that might be lurking under the tree at this time of year.

**IPHONE**  
If your child's lucky enough to be getting their own iPhone, parental controls can help avoid issues like screen addiction and unsuitable content. Go into the settings and scroll down to 'Screen Time'. From here you can customise important settings including time limits on using the device, communication restrictions and content blockers. You can also lock your changes behind a passcode.

**ANDROID**  
With Android devices, Google's Family Link app is your friend. You'll need a Google account – and a separate one for your child, which you should use when first setting up the device. Then in Family Link, on your own device, select 'Add Child' and enter their account details. This lets you specify limits on daily usage, restrict certain apps, block particular content and more.

**PLAYSTATION**  
You can prep for a PlayStation before it's even unboxed. At any account Sony.com, create an account, then go to Account Management > Family Management > Add Family Member to set up your child's account, which you'll use to sign in on the console. You can restrict the age ratings of the games they can play and who they can talk to. On the PS5, you can make exceptions for any games you think are acceptable despite their high age rating.

**IPAD**  
iPad parental controls are identical to those on iPhones. However, if you've got a shared family iPad and want to ensure your children aren't seeing anything age-inappropriate after you hand them the device, there's a feature called Guided Access (under Settings > Accessibility > Guided Access). With this switched on, young ones can only use the app that's currently open.

**XBOX**  
The Xbox Family Settings app helps you manage which games your child can play (and when). You'll need to set up the console with your own account and then add a child profile. Make sure your account's password protected, so your child can't alter your choices later. You'll do so through the functions at setup, but you can also reach them manually via Settings > Account > Family Settings.

**NINTENDO SWITCH**  
Download the Nintendo Switch Parental Controls app on your phone, and you'll be shown how to link it to the console. Once that's done, you can limit how long your child can play each day, decide what age ratings are permitted and more. You'll also get weekly updates on how often they've used the device. These controls are accessible through the console itself, but this is usually easier.

**WINDOWS 11 PCs**  
On Windows 11, account management is key. Set up the device with your own account as the admin. Then go to Settings > Accounts > Family and Other Users and create your child's account (if you've already done this on a previous PC, just log in with those details). Windows Family Safety (either the app or the site) then lets you control screen time, what content children can view and more.

**CHROMEBOOKS**  
Chromebook parental controls are managed via the Family Link app. Unlike an Android device, however, you need set up the Chromebook with your own account first, then add your child's. Go to Settings > People > Add Person and input your child's Google ID (or create a new account). You can then log in, and you can monitor what they're up to via Family Link.

**MACS**  
Like iPhones, parental controls for Macs are managed via the Screen Time settings. Again, the crux here is to set up your own account first, then add your child's. In the settings, look for Users & Groups to create your child's account. Then – while you're in the settings – you can set up options to place any boundaries around apps, usage and who your child can communicate with (and vice versa).

**SMART TVS**  
Smart TVs typically have their own individual parental controls. One of the most popular brands is Samsung – and on their TVs, you can control the content available to your child. In the Settings menu, under Broadcasting, you can lock channels and restrict content by its age rating. Even this isn't foolproof, however, so apps (like YouTube) might still let children access unsuitable material.

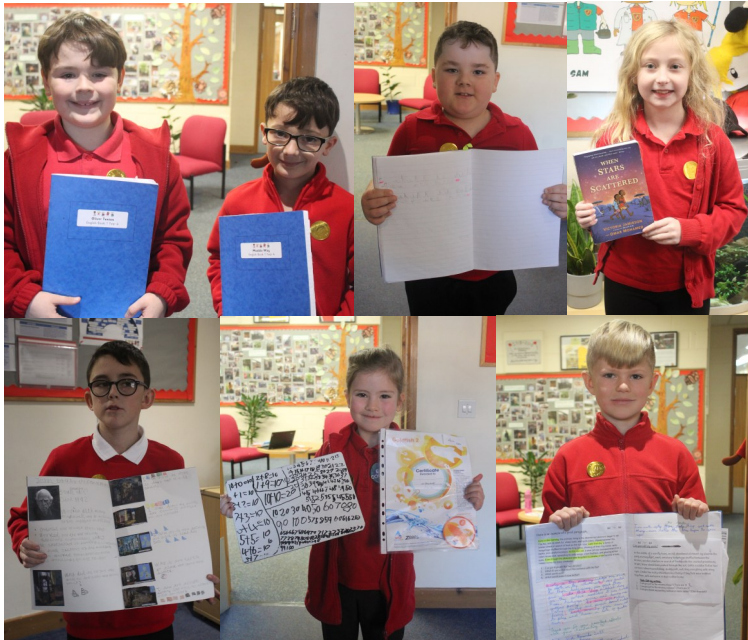
**Meet Our Expert**  
Betsy Collins is a technology journalist and editor with more than 20 years' experience covering the links between technology, crime, privacy, security and consumerism. Her top expertise is as a tech pundit on television and radio, including on BBC Newsnight, BBC Radio 4's The One Show and News. She has two children and writes regularly on the subject of internet safety.

The National College | National Online Safety | #WakeUpWednesday

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## HEADTEACHER AWARD



Well done to Oliver, Maddix and Charlie for the effort that they are putting into the presentation of their writing, to Jaycee for the enthusiasm that she is showing towards her independent Reading, to Toby for his impressive art factfile work, to Rosa for the effort that she is putting into learning her key number facts and for passing her Goldfish 2, to Jake for impressing Mr Baker with the effort being put into improving his handwriting, to Shannon for being PQA Star Performer and Passing her Goldfish award and to Reggie for passing his 200 metre swimming award. Well done everybody!

## NIT TREATMENT—NHS GUIDANCE

Head lice and nits are very common in young children and their families. They are not caused by dirty hair and are picked up by head-to-head contact. Getting on top of them quickly is key.



### How to get rid of headlice

Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.

Check everyone you live with, or have close contact with, and start treating anyone who has head lice on the same day. There's no need to keep your child off school if they have head lice. You do not need to wash your laundry on a hot wash.

### Wet Combing

Lice and nits can be removed by wet combing. You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits. There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, using the detection comb, from the roots to the end. It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair. When you've finished combing the hair, comb through all the hair again for a second time.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

## IMPORTANT REMINDERS

### DRINKS BOTTLES

Can I remind all families that unless prior agreement has been made with the school based on advice from the GP, children should have water in their classroom bottles please. Alternative juice based drinks i.e. squash can be packed for lunchtime.

### LOOKING AFTER SCHOOL BOOKS

We understand that there may be occasions where a child's book, borrowed from school, is accidentally damaged. If this is the case, please come and speak with school. Could I ask all families to please ensure that books are looked after and cared for. We are really proud of our library and the books in the classroom and want these to last as long as possible please. In the event of books being deliberately damaged, or a number of books not looked after, school will expect these books to be replaced.

## FLU VACCINATION

As you will have heard, there have been flu outbreaks in schools around the county and flu is predicted to be particularly virulent this year. Kernow Health will be running clinics at various locations across Devon from mid-December, by appointment only. Please call **01392 342678** or email [kernowhealth.hcic.schoolimmsd@nhs.net](mailto:kernowhealth.hcic.schoolimmsd@nhs.net) for further information.



- 1. Protect your child**  
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**  
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**  
The nasal spray is painless and easy to have
- 4. It's better than having flu**  
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**  
If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

For more information visit [www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

Flu Immunisation  
Helping to protect children, every winter

## ENERGY HELP



### Our energy team can help



Call us on **01237 879 233** to see if you're eligible for help with fuel vouchers and grants, and to receive tips on how to cut your bills

**PICK N' MIX HOME-LEARNING SHARING**  
Wednesday 10th December 2025

# OPAL LUNCHTIMES - WINTER WEATHER PLAN

With our field likely to be out of action until about March, we have moved to our wet-weather OPAL plan. This will see nearly all activities move to the front and back playground. We are aiming to keep the 'Den Building' open throughout this time with the activity taking place on the field. If children want to Den Build on Tuesday or Friday lunchtimes, they will need to bring wellie boots in a named bag.



**3  
WEEKS  
TO GO!**



## RESIDENTS' SURVEY OPEN



Tell us what you think of your area and our services

Complete online or call us to receive a paper copy

Survey is anonymous

Please Call 01884 255255 to request a paper copy or for help.

Mid Devon

## IT IS BEGINNING TO LOOK A LOT LIKE CHRISTMAS ...



### 1st Crediton Scouts Christmas Post



Do you have Christmas cards to deliver locally?

1st Crediton Scouts offer a postal service within Crediton town and the villages of Copplestone, Sandford and Newton St Cyres

**Stamps cost £2 for 5, or 50p each**  
(cash only, please try to have correct change)

Our special stamps are on sale and cards can be posted at: Creedy Kitchen, CJ Interiors, Crediton Congregational Church, Age Concern, Quikes Farm Shop, The Bookery, CraftSisters, and the Christmas Tree Festival Café (Sat 6<sup>th</sup> only), with additional post boxes (no stamps) at Morrisons and Tesco.

Last posting: midday on Friday 12th December

Cards will be delivered by the Beavers, Cubs and Scouts  
14th – 16th December

Please only post to addresses within the built-up areas of Crediton, Copplestone, Sandford and Newton St Cyres. We cannot guarantee delivery to Shobrooke, Yeoford, Coleford, Knowle, Newbuildings, or any other hamlets or outlying properties!

If you have any queries, or know of an elderly / housebound local resident who would like us to collect post from their home, please call Helen 07814 977693

Thank you for supporting 1st Crediton Scouts  
Merry Christmas

**CHRISTMAS AT THE MUSEUM**  
29<sup>th</sup> November to 23<sup>rd</sup> December

*It's all aboard the postal train as we deliver letters to Father Christmas!*

Can you find all the letters hidden around the museum, so that we can send them on their way?

See the museum transformed for the festive period and post your own letter to Father Christmas in our Christmas post box.\*

Father Christmas  
c/o Tiverton Museum of Mid Devon Life

\*Part of normal admission.

**VISIT FATHER CHRISTMAS!**  
FRIDAY 5<sup>TH</sup> DECEMBER, 4 - 6pm  
SATURDAY 6<sup>TH</sup> DECEMBER 10.30am - 1.30pm  
Explore the museum and make a festive decoration as part of your ticket.  
Children £8.50 Normal adult admission applies.  
Booking essential.

Tuesday - Saturday, 10:00-4:00  
www.tivertonmuseum.org.uk  
Beck's Square, Tiverton EX16 6PJ  
01884 255295  
Registered charity 118176

FOLLOW US @TivertonMuseum

**CHRISTMAS TREE FESTIVAL 2025 - Crediton Parish Church**

**THURSDAY 4<sup>th</sup> DECEMBER**  
11am to 6pm : Café 10am to 4.30pm  
Concert at 7pm in aid of Hospiscare by Ad Hoc & the Crediton Strummers

**FRIDAY 5<sup>th</sup> DECEMBER**  
11am to 6pm : Café 10am to 4.30pm

**SATURDAY 6<sup>th</sup> DECEMBER**  
10am to 6pm : Café 10am to 4.30pm  
Concert at 6pm – Holy Cross Choir with Crediton Town Band

**SUNDAY 7<sup>th</sup> DECEMBER**  
11am to 5pm : Café 2pm to 4.30pm  
Free Admission : Disabled Access  
Bridge Books, Church Shop, Bric-a-Brac  
More information and/or party bookings:  
Email – [creditontreefestival@gmail.com](mailto:creditontreefestival@gmail.com)  
Telephone – 01363 772865

## KEY DATES FOR THE SCHOOL YEAR

<b>Tuesday 25th November 7pm</b>	Christmas Bingo at Hayward's
<b>Wednesday 26th November</b>	Reading Café (Year 1 and Year 2) 2:30pm start
<b>Friday 28th November</b>	Year 3 Poetry Celebration Assembly
<b>Saturday 29th November</b>	Lights on ceremony in the square at 15.35pm (Y5 and Y6 choir performance)
<b>Tuesday 2nd December @ 2pm</b>	EYFS Christmas Nativity Play
<b>Wednesday 3rd December @ 10am</b>	EYFS Christmas Nativity Play
<b>Friday 5th December</b>	Reading Café (Year 3 and Year 4) 9am start
<b>Friday 5th December</b>	Y5 and Y6 World War II Open Event. Children to meet at the train station at 8:55am
<b>Wednesday 10th December</b>	Christmas Dinner Day (Christmas Jumpers)
<b>Wednesday 10th December 2:45pm</b>	Y2 Christmas Singing
<b>Thursday 11th December 2:45pm</b>	Y1 Christmas Singing
<b>Thursday 11th December 3:45pm</b>	Y4 Parent Information Meeting for Great Potheridge House
<b>Friday 12th December</b>	School Disco (EYFS/KS1 5:30-6:30 and KS2 6:30-7:30pm)
<b>Tuesday 16th December</b>	Morning KS2 rehearsal at the Church (Y3 to Y6)
<b>Wednesday 17th December 2pm</b>	KS2 Carol Service in the Church
<b>Wednesday 17th December</b>	EYFS Christmas Party
<b>Friday 6th February 2026</b>	Year 2 Poetry Celebration Assembly
<b>2nd-6th March 2026</b>	Grenville House Residential —Y6
<b>Friday 27th March 2026</b>	Year 5 Poetry Celebration Assembly
<b>Weds 25th to Fri 27th March 2026</b>	Great Potheridge Residential — Y4
<b>Friday 22nd May 2026</b>	Year 4 Poetry Celebration Assembly
<b>Monday 8th June to Friday 12th June 2026</b>	Year 1 Phonics Screening check and Year 2 Phonics Screening retakes.
<b>Friday 3rd July 2026</b>	Year 1 Poetry Celebration Assembly
<b>Friday 10th July 2026</b>	EYFS Poetry Celebration Assembly