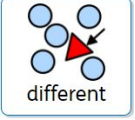


## **PSHE Curriculum Overview**

| <b>Whole School Theme</b>                    | <b>EYFS</b>                           | <b>YEAR 1</b>                          | <b>YEAR 2</b>                       | <b>YEAR 3</b>                            | <b>YEAR 4</b>                                             | <b>YEAR 5</b>                              | <b>YEAR 6</b>                              |
|----------------------------------------------|---------------------------------------|----------------------------------------|-------------------------------------|------------------------------------------|-----------------------------------------------------------|--------------------------------------------|--------------------------------------------|
| <b>Autumn 1</b><br>Rights & Responsibilities | <i>How do we behave?</i>              | <i>How do we decide how to behave?</i> | <i>How can we help?</i>             | <i>What are we responsible for?</i>      | <i>What rights and responsibilities do children have?</i> | <i>What makes a community?</i>             | <i>What responsibilities do I have?</i>    |
| <b>Autumn 2</b><br>Respect                   | <i>How are people different?</i>      | <i>What makes me special?</i>          | <i>What is bullying?</i>            | <i>What can we do about bullying?</i>    | <i>What is diversity?</i>                                 | <i>What does discrimination mean?</i>      | <i>What are human rights?</i>              |
| <b>Spring 1</b><br>Keeping Safe              | <i>How do we keep safe?</i>           | <i>How do we keep safe?</i>            | <i>How do we keep safe?</i>         | <i>What rules keep us safe?</i>          | <i>How can we keep safe?</i>                              | <i>How can we keep safe online?</i>        | <i>How can we manage risk?</i>             |
| <b>Spring 2</b><br>Keeping Healthy           | <i>How do we keep healthy?</i>        | <i>How do I stay healthy?</i>          | <i>How can we be healthy?</i>       | <i>How can we keep our bodies well?</i>  | <i>What things are good and bad for our bodies?</i>       | <i>What choices help health?</i>           | <i>How can we stay healthy?</i>            |
| <b>Summer 1</b><br>Emotions & Relationships  | <i>How am I feeling?</i>              | <i>How do we feel?</i>                 | <i>How do we show our feelings?</i> | <i>How can we describe our feelings?</i> | <i>How do I express my feelings and opinions?</i>         | <i>What makes a positive relationship?</i> | <i>What makes a positive relationship?</i> |
| <b>Summer 2</b><br>Growing & Changing        | <i>How am I growing and changing?</i> | <i>How am I growing and changing?</i>  | <i>What do I think?</i>             | <i>How can we describe our feelings?</i> | <i>How do we grow &amp; change?</i>                       | <i>How do we grow and change?</i>          | <i>What changes might we experience?</i>   |

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| <b>Early Years</b>                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Autumn 1</b>                                                                                                                                       | <b>Key Question</b><br><i>How do we behave?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                                                                                                                                                                                                                                                                                                                                                                            | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Respectful Relationships</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can maintain attention, concentration and sit quietly during appropriate activities. (CL:LA)</li><li><input type="checkbox"/> I can listen and respond to ideas expressed by others in conversation or discussion. (CL:U)</li><li><input type="checkbox"/> I can take part in making class and playground rules and know how to change rules if they are not working.</li><li><input type="checkbox"/> I can identify people who look after and care for me and who I can talk to if I'm worried.</li></ul> |
| <b>Vocab Widgets</b> <div><div><br/>focus</div><div><br/>rules</div><div><br/>listen</div><div><br/>worried</div></div> |                                                                                                                                                       | <i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know it is important to listen to what others say and respond appropriately. (CL:LA)</li><li><input type="checkbox"/> I know the boundaries set, and the behavioural expectations of the setting. (PSED:MFB)</li><li><input type="checkbox"/> I know some ways my own actions can affect other people. (PSED:MFB)</li></ul>                                                                                                                                                                                                          |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                |                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL New Beginnings, Case study                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                       | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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| <b>Early Years</b>                                                               | <b>Autumn 2</b>                                                                                                                                                                                                                                                                     | <b>Key Question</b><br><i>How are people different?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|  | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Mental Well Being</li></ul>                                                                      | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can notice what adults do, imitating what is observed and then doing it spontaneously when the adult is not there. (EAD:BI)</li><li><input type="checkbox"/> I can talk about past and present events in my own lives and the lives of family members.</li><li><input type="checkbox"/> I can identify people who look after and care for me and who I can talk to if I'm worried or feeling bullied.</li></ul> <i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know that other children don't always enjoy the same things and are sensitive to this.</li><li><input type="checkbox"/> I know about similarities and differences between themselves and others, and among families, communities and traditions. (UW:P&amp;C:ELG)</li><li><input type="checkbox"/> I know what bullying is and that it is unacceptable.</li></ul> |
|                                                                                  | <b>Vocab Widgets</b> <div></div> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Images</b>                                                                    |                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Say No To Bullying, Case study      | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

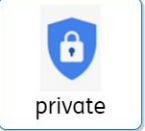
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| <b>Early Years</b>                                                                                                                                                                                                                                                                                    | <b>Spring 1</b>                                                                                                                 | <b>Key Question</b><br><i>How do we keep safe?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|                                                                                                                                                                                                                       | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"> <li>➤ Being Safe</li> <li>➤ Internet Safety and Harms</li> </ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know some ways to keep myself and others safe at home, in school and in public. (Including: Road safety, water safety, online, using equipment like scissors etc)</li> <li><input type="checkbox"/> I can explain some safety rules for keeping myself and others safe.</li> <li><input type="checkbox"/> I can practise some appropriate safety measures without direct supervision. (PD:HSC)</li> <li><input type="checkbox"/> I can describe some strategies for dealing with things which make me uncomfortable including knowing who I can talk to if I am worried about anything.</li> </ul> |
| <b>Vocab Widgets</b> <div data-bbox="154 428 301 565">  <p>honesty</p> </div> <div data-bbox="320 428 467 565">  <p>safe</p> </div> |                                                                                                                                 | <i>Knowledge</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know I have the right to be <b>‘Safe, Strong and Free.’</b></li> <li><input type="checkbox"/> I know who the emergency services are, how they help people keep safe and how to contact them in an emergency.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Images</b> <div data-bbox="162 615 316 834">  </div> <div data-bbox="394 635 695 823">  </div>                                   |                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Good to be me, Case study                                                                                                                                                                                                                                |                                                                                                                                 | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

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| <p><b>Early Years</b></p>                                                                                                                                                                                                                                                                                                                                                    | <p><b>Spring 2</b></p>                                                                                                                                                                                                                                                                                                                                                     | <p><b>Key Question</b><br/><i>How do we keep healthy?</i></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                                                                                                                                                                                                                                                                                              | <p><b>DfE Y6 Outcome Links</b></p> <ul style="list-style-type: none"> <li>➤ Mental Well Being</li> <li>➤ Physical Health and Fitness</li> <li>➤ Healthy Eating</li> <li>➤ Health and Prevention</li> </ul>                                                                                                                                                                 | <p><b>Learning Outcomes</b></p> <p><i>Skills</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I show an understanding of the need for safety when tackling new challenges, and consider and manage some risks.</li> <li><input type="checkbox"/> I show an understanding of good practise with regard to exercise, eating, sleeping and hygiene.</li> <li><input type="checkbox"/> I can manage my own basic hygiene and personal needs successfully, including dressing and going to the toilet independently. (PD:HSC:ELG)</li> </ul> |
|                                                                                                                                                                                                                                                                                                                                                                              | <p><b>Vocab Widgets</b></p> <div>  <p>perseverance</p> </div> <div>  <p>exercise</p> </div> <div>  <p>healthy</p> </div> | <p><i>Knowledge</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know I need to eat healthy food and recognise the need for a variety of food.</li> <li><input type="checkbox"/> I know ways to care for myself on a daily basis</li> <li><input type="checkbox"/> I know the importance for good health of physical exercise, a healthy diet, and talk about ways to keep healthy.</li> </ul>                                                                                                                                        |
| <p><b>Images</b></p> <div>     </div> |                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <p><b>Key Resources &amp; Ideas</b></p> <p>SEAL Going for Goals, Case study, <a href="https://www.e-bug.eu/">https://www.e-bug.eu/</a></p>                                                                                                                                                                                                                                   | <p><b>Children Needing More Support</b></p>                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

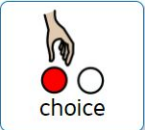
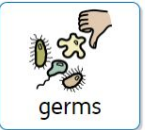
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| Early Years                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Summer 1                                                                                                                            | <b>Key Question</b><br><i>How am I feeling?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can begin to show sensitivity to others’ needs and feelings (PSED:MR)</li><li><input type="checkbox"/> I can play cooperatively as part of a group to develop and act out a narrative.</li><li><input type="checkbox"/> I can initiate new combinations of movement and gesture in order to express and respond to feelings, ideas and experiences. (EAD:BI)</li><li><input type="checkbox"/> I can begin to make positive relationships with children and adults. (PSED:MR)</li></ul> <i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know some ways to resolve conflicts with other children, e.g. finding a compromise.</li><li><input type="checkbox"/> I can name and describe some different feelings.</li></ul> |
| <b>Vocab Widgets</b> <div>maturity</div> <div>feelings</div> <div>worried</div> <div>happy</div> <div>sad</div> |                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Images</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Getting on and falling out, SEAL Relationships, Case study                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                     | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

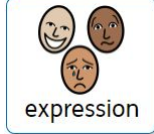
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| Early Years                                                                                                                                                                                                                                          | Summer 2                                                                                                                                                          | <b>Key Question</b><br><i>How am I growing and changing?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  |
|                                                                                                                                                                                                                                                      | <b>DfE Y6 Outcome Links</b><br><br>➤ Respectful Relationships<br>➤ Science Curriculum (No right to withdraw)<br>➤ Mental Well Being<br>➤ Changing Adolescent Body | <b>Learning Outcomes</b><br><i>Skills</i><br><input type="checkbox"/> I am confident to speak to others about my own needs, interests and opinions. (PSED:SCSA)<br><input type="checkbox"/> I am beginning to stop and think before I act. (PSED)<br><br><i>Knowledge</i><br><input type="checkbox"/> See RSE policy and planning<br><input type="checkbox"/> I know talking helps my thinking, feelings and to solve problems. (CL:S)<br><input type="checkbox"/> I know it is important to stop and think before I act. (PSED)<br><input type="checkbox"/> I can describe myself in positive terms and talk about my abilities. (PSED:SCSA)<br><input type="checkbox"/> I know some ways I have grown and changed over the year. |  |
| <b>Vocab Widgets</b><br><div><div><p>change</p></div><div><p>ideas</p></div></div> |                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |  |
| <b>Images</b>                                                                                                                                                                                                                                        |                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |  |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Changes, Case study, CWP                                                                                                                                                                                |                                                                                                                                                                   | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |

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| <p><b>Year 1</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <p><b>Autumn 1</b></p>                                                                                                                                                                        | <p><b>Key Question</b><br/><i>How do we decide how to behave?</i></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <p><b>DfE Y6 Outcome Links</b></p> <ul style="list-style-type: none"> <li>➤ Families and people who care for me.</li> <li>➤ Caring Friendships</li> <li>➤ Respectful Relationships</li> </ul> | <p><b>Learning Outcomes</b></p> <p><i>Skills</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I can identify people who look after and care for me and who I can talk to if I’m worried.</li> <li><input type="checkbox"/> I can take part in making class and playground rules and know how to change rules if they are not working.</li> <li><input type="checkbox"/> I know what to do if my needs are not being met and who I can talk to.</li> <li><input type="checkbox"/> I know what I can do if I think something is unfair or wrong.</li> </ul> <p><i>Knowledge</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know other people (and animals) need looking after and can name some of the needs of all living things.</li> <li><input type="checkbox"/> I can explain what the words fair and unfair mean</li> <li><input type="checkbox"/> I can explain what the words right and wrong mean.</li> </ul> |
| <p><b>Vocab Widgets</b></p> <div> <div><br/>focus</div> <div><br/>fair</div> <div><br/>unfair</div> <div><br/>right</div> <div><br/>wrong</div> <div><br/>needs</div> </div> |                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <p><b>Images</b></p> <div>   </div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <p><b>Key Resources &amp; Ideas</b></p> <p>SEAL New Beginnings, Case study,</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <p><b>Children Needing More Support</b></p>                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |

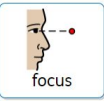
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| Year 1                                                                                                                                                                                                                                                                                                                                                                                                                              | Autumn 2                                                                                                                                                                                                       | <b>Key Question</b><br><i>What makes me special? (Valuing difference)</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                                                                                                                                                                                                                                                                                                                                                     | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know who I can go to if I am being bullied or if I see someone else being bullied.</li><li><input type="checkbox"/> I can name some special people in my life and explain what makes them special.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know what is meant by keeping something ‘private’ and can name sometimes it people might want to keep something private.</li><li><input type="checkbox"/> I know bullying is wrong and hurtful and can name some ways someone being bullied or teased might feel.</li><li><input type="checkbox"/> I know who I can talk to if I feel worried or uncomfortable about something, even if I have been asked to keep it private.</li><li><input type="checkbox"/> I can name different groups I belong to and describe what it is like to be part of a group.</li><li><input type="checkbox"/> I know that I am ‘unique’ and there is no-one else like me. This makes me special.</li><li><input type="checkbox"/> I know everyone is different in some ways and that everyone has the right to be treated equally.</li></ul> |
| <b>Vocab Widgets</b> <div>respect</div> <div>private</div> <div>unique</div> <div>bullying</div> |                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Images</b> <div></div> <div></div> <div></div>                                                                                                                               |                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Key Resources &amp; Ideas</b> <p>SEAL Say No To Bullying, Anti-Bullying Alliance - 50 ideas, Case study</p>                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

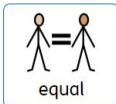
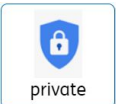
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|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year 1                                                                           | Spring 1                                                                                                                                                                                                                                                                                                | <b>Key Question</b><br><i>How do we keep safe?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|  | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"> <li>➤ Science Curriculum (No right to withdraw)</li> <li>➤ Being Safe</li> <li>➤ Mental Well Being</li> <li>➤ Internet Safety and Harms</li> </ul>                                                                                       | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"> <li>❑ I have some strategies for keeping safe around the risk outlined in the curriculum. Including: Travelling on transport such as trains, boats, bicycles and wearing helmets.</li> <li>❑ I know some risks involved in using modern technologies (mobiles/internet/online gaming etc) including knowing some people are not who they say they are online and the use of advertisements online.</li> <li>❑ I can describe some strategies for dealing with things which make me uncomfortable including knowing who I can talk to if I am worried about anything.</li> </ul><br><i>Knowledge</i> <ul style="list-style-type: none"> <li>❑ I know some household products can be harmful if misused and can name some people I can trust to tell us to put things in our bodies.</li> <li>❑ I can identify the similarities and differences between boys and girls.</li> <li>❑ I use the correct words to describe body parts including genitalia.</li> <li>❑ I know I have the right to be <b>'Safe, Strong and Free.'</b></li> </ul> |
|                                                                                  | <b>Vocab Widgets</b> <div data-bbox="164 464 324 611">  <p>honesty</p> </div> <div data-bbox="357 464 517 611">  <p>secret</p> </div> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Images</b>                                                                    |                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Good to be me, Case study, CWP      | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |

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| Year 1                                                                                                                                                                                                                                                                                                                                                                                                                                    | Spring 2                                                                                                                                                                                       | <b>Key Question</b><br><i>How do I stay healthy?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                                                                                                                                                                                                                                                                           | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Mental Well Being</li><li>➤ Physical Health and Fitness</li><li>➤ Healthy Eating</li><li>➤ Health and Prevention</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can name good and bad things about my local environment.</li><li><input type="checkbox"/> I can identify something I can do or not do to help the environment.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can name foods which are good for me.</li><li><input type="checkbox"/> I know ways to care for myself on a daily basis including taking care of my teeth.</li><li><input type="checkbox"/> I know some ways germs spread and some ways to stop germs from spreading.</li><li><input type="checkbox"/> I know my choices might have good or bad consequences.</li></ul> |
| <b>Vocab Widgets</b> <div>perseverance</div> <div>choice</div> <div>germs</div> <div>environment</div> |                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Images</b> <div></div> <div></div>                                                                                                                                                                                                                                   |                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Going for Goals, Case study, <a href="https://www.e-bug.eu/">https://www.e-bug.eu/</a>                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

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| Year 1                                                                                                                                                                                                                                                                                                                                                                | Summer 1                                                                                                                     | <b>Key Question</b><br><i>How do we feel?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                                                                                                                                                                                                                                                                                       | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Caring Friendships</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can recognise the feelings someone might be having including recognising some facial expressions.</li><li><input type="checkbox"/> I can describe how my body feels when I have different feelings and ways to feel better when having bad feelings.</li><li><input type="checkbox"/> I explain why it is important to share my feelings with others and who I can share my feelings with.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can name some good and bad feelings I have had.</li></ul> |
| <b>Vocab Widgets</b> <div><div>maturity</div></div> <div><div>feelings</div></div> <div><div>expression</div></div> |                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Images</b>                                                                                                                                                                                                                                                                        |                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Getting on and falling out, SEAL Relationships, Case study                                                                                                                                                                                                                                                               |                                                                                                                              | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

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| Year 1                                                                                                                                                                                                                                                                                                                                                       | Summer 2                                                                                                                                                                                                                                          | <b>Key Question</b><br><i>How do we grow &amp; change?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                                                                                                                                                                                                                                                                                                                                                              | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Mental Well Being</li><li>➤ Changing Adolescent Body</li></ul> | <b>Learning Outcomes</b> <p><i>Skills</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> I can name sometimes things change in our lifetime. (new sibling, new class etc) and describe how that makes me feel.</li><li><input type="checkbox"/> I can make suggestions to help people on the playground.</li><li><input type="checkbox"/> I can describe what it feels like to be listened to.</li><li><input type="checkbox"/> I can name some things I am good at and things I need to get better at.</li><li><input type="checkbox"/> I can explain how my needs have changed since I was a baby.</li><li><input type="checkbox"/> I can set myself simple targets and celebrate achieving my targets.</li><li><input type="checkbox"/> I can describe what it feels like when others offer help and give examples of times it is good to offer others help.</li><li><input type="checkbox"/> I can take part in class discussions, listening to other people's ideas and thoughts and take turns when sharing my ideas and opinions.</li></ul> <p><i>Knowledge</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> See RSE policy and planning</li><li><input type="checkbox"/> I can name some changes which have happened to me since I was a baby and some things I can do now that I couldn't before.</li><li><input type="checkbox"/> I can name some ways to help someone feeling nervous or unhappy about a loss or change.</li></ul> |
| <b>Vocab Widgets</b> <div><div><p>change</p></div><div><p>lifetime</p></div><div><p>target</p></div></div> |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Key Resources &amp; Ideas</b> <p>SEAL Changes, Case study, Queen Elizabeth II, CWP</p>                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                   | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

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| Year 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Autumn 1                                                                                                                                                                                                       | <b>Key Question</b><br><i>How can we help?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can perform acts of kindness and describe how it makes me and the other person feel.</li><li><input type="checkbox"/> I can ask for help when I need it.</li><li><input type="checkbox"/> I can take part in making class and playground rules and know how to change rules if they are not working.</li></ul> <i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can identify people who look after and care for me and who I can talk to if I'm worried.</li><li><input type="checkbox"/> I can explain what the words fair and unfair mean.</li><li><input type="checkbox"/> I can explain what the words right and wrong mean.</li><li><input type="checkbox"/> I know what I can do if I think something is unfair or wrong.</li><li><input type="checkbox"/> I know how my behaviour may make others feel.</li></ul> |
| <b>Vocab Widgets</b> <div><div>focus   fair   unfair   right   wrong   kindness</div></div> |                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Key Resources &amp; Ideas</b> <p>SEAL New Beginnings, Mother Teresa, Case study</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>Children Needing More Support</b>                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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| Year 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Autumn 2                                                                                                                                                                                                                                                | <b>Key Question</b><br><i>What is bullying?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Online Relationships</li><li>➤ Being Safe</li><li>➤ Mental Well Being</li><li>➤ Internet Safety and Harms</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know what to do I am being bullied or see someone else being bullied.</li><li><input type="checkbox"/> I know that if I have been asked to keep something private which makes me uncomfortable, I should tell a trusted adult.</li><li><input type="checkbox"/> I can identify special things about other people.</li></ul>                                                                                                                                                                                                                                 |
| <b>Vocab Widgets</b> <div><div><br/>trusted</div><div><br/>equal</div><div><br/>private</div><div><br/>respect</div><div><br/>unique</div><div><br/>bullying</div></div> |                                                                                                                                                                                                                                                         | <i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know what the word unique means and can give examples of things which make me unique.</li><li><input type="checkbox"/> I know everyone has the right to be treated equally.</li><li><input type="checkbox"/> I know what the word privacy means and can give some examples of when it is important to keep some things private. (e.g. Online Safety)</li><li><input type="checkbox"/> I know it is important to respect people’s differences.</li><li><input type="checkbox"/> I know what bullying is, that it can hurt physically or hurt feelings and that it is wrong.</li></ul> |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Say No To Bullying, Case study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                         | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

Year 2

Spring 1

Key Question

*How do we keep safe?*



### DfE Y6 Outcome Links

- Science Curriculum (No right to withdraw)
- Being Safe
- Mental Well Being
- Internet Safety and Harms
- Changing Adolescent Body

### Learning Outcomes

#### Skills

- ☐ I can give reasons and ways people might save money, knowing how money is spent and saved.
- ☐ I know some risks involved in using modern technologies (mobiles/internet/online gaming etc) including keeping passwords private, 'lootboxes' and overuse leading to sleep issues.

#### Knowledge

- ☐ I know that some household products and medicines can be dangerous if not used properly.
- ☐ I can identify some simple hazards around the home such as boiling water and tripping hazards.
- ☐ I know there are parts of my body which are private.
- ☐ I can use the correct names for the body parts of boys and girls.
- ☐ I know some biological differences between boys and girls. (RSE Link)
- ☐ I can describe some strategies for dealing with things which make me uncomfortable including knowing I have the right to say NO and who I can talk to if I am worried about anything.
- ☐ I know I have the right to be **'Safe, Strong and Free.'**
- ☐ I know where money comes from and some ways money can be used.
- ☐ I know how to stay safe in the sun.

### Vocab Widgets



honesty



uncomfortable



medicine



dangerous

### Images

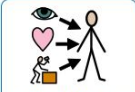


### Key Resources & Ideas

SEAL Good to be me, Case study, CWP

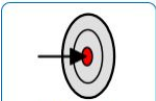
### Children Needing More Support

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| Year 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Spring 2                                                                                                                                         | Key Question<br>How can we be healthy?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | DfE Y6 Outcome Links <ul style="list-style-type: none"><li>➤ Physical Health and Fitness</li><li>➤ Healthy Eating</li><li>➤ Prevention</li></ul> | Learning Outcomes<br>Skills <ul style="list-style-type: none"><li><input type="checkbox"/> I can describe what being healthy means and can name some things which keep us healthy. (food, exercise, sleep, rest, love)</li><li><input type="checkbox"/> I can describe some daily hygiene routines.</li><li><input type="checkbox"/> I can describe some of the benefits of good personal hygiene.</li></ul><br>Knowledge <ul style="list-style-type: none"><li><input type="checkbox"/> I know how germs spread and ways germs can be stopped including personal hygiene routines, medication and vaccination.</li><li><input type="checkbox"/> I know what an allergy is and some common allergies.</li><li><input type="checkbox"/> I know some consequences of making good or bad choices about my health.</li><li><input type="checkbox"/> Know the effects of exercise on our bodies in promoting physical and mental health.</li></ul> |
| Vocab Widgets <div><div><br/>perseverance</div><div><br/>hygiene</div><div><br/>Physical Health</div><div><br/>Mental Health</div><div><br/>consequences</div></div> |                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Images <div><div></div><div></div><div></div></div>                                                                                                                                                                                                                                                                                  |                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Key Resources & Ideas<br><br>SEAL Going for Goals, Mary Seacole, Case study, <a href="https://www.e-bug.eu/">https://www.e-bug.eu/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                  | Children Needing More Support                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |

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| Year 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Summer 1                                                                                                                                                        | <b>Key Question</b><br><i>How do we show our feelings?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|                                                                                                                                                                                                                                                                                                                                                                                       | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know my feelings can affect how I behave.</li><li><input type="checkbox"/> I can recognise how others might be feeling.</li><li><input type="checkbox"/> I can name some special people in my life and explain why I think they are special.</li><li><input type="checkbox"/> I know some strategies for managing my feelings.</li><li><input type="checkbox"/> I have practised ways to respond sensitively to how others are feeling.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can name and describe a range of different feelings.</li><li><input type="checkbox"/> I know when people might experience some of these different feelings.</li><li><input type="checkbox"/> I recognise it is important to share my feelings with others.</li></ul> |
| <b>Vocab Widgets</b> <div><div><br/>experience</div><div><br/>maturity</div><div><br/>sensitive</div><div><br/>special</div></div> |                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Images</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Getting on and falling out, SEAL Relationships, Case study                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                 | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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| Year 2 | Summer 2 | <b>Key Question</b><br><i>What do I think?</i> |
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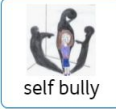
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|  | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"> <li>➤ Respectful Relationships</li> <li>➤ Science Curriculum (No right to withdraw)</li> <li>➤ Mental Well Being</li> <li>➤ Changing Adolescent Body</li> </ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> I can name some things I am good at and things I want to get better at.</li> <li><input type="checkbox"/> I can make a plan to reach my target.</li> <li><input type="checkbox"/> I can explain some ways I have become more independent and responsible now I am older.</li> <li><input type="checkbox"/> I can explain why it is important to work collaboratively and listen to others.</li> <li><input type="checkbox"/> I can listen to other people’s ideas respectfully.</li> </ul> |
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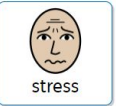
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| <b>Vocab Widgets</b> <div>  responsibility </div> <div>  target </div> <div>  independence </div> | <i>Knowledge</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> See RSE policy and planning</li> <li><input type="checkbox"/> I can name some types of loss people might experience in their lives.</li> <li><input type="checkbox"/> I can describe some ways I have grown and changed since birth.</li> <li><input type="checkbox"/> I can identify groups I belong to in school and outside and my role in these groups.</li> <li><input type="checkbox"/> I know that change can affect how people behave.</li> </ul> |
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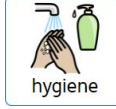
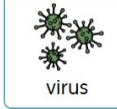
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| <b>Key Resources &amp; Ideas</b><br><br>SEAL Changes, Neil Armstrong, Case study, CWP | <b>Children Needing More Support</b> |
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| Year 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Autumn 1                                                                                                                                                                                                                    | <b>Key Question</b><br><i>What are we responsible for?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Online Relationships</li><li>➤ Being Safe</li><li>➤ Internet Safety and Harms</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know I have a personal responsibility to report when things are unsafe for myself or others and know ways to do this online and in the real world.</li><li><input type="checkbox"/> I know ways to ask for support, including online, helplines and trusted people.</li><li><input type="checkbox"/> I can take part in making class and playground rules and know how to change rules if they are not working.</li><li><input type="checkbox"/> I know why it is important to ‘think before we act’ and practice thinking of the consequences of actions.</li></ul> <i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know how my choices and actions have impacted myself and others.</li><li><input type="checkbox"/> I can name some rights, responsibilities and duties I have.</li><li><input type="checkbox"/> I know ways in which laws and rules keep us safe.</li></ul> |
| <b>Vocab Widgets</b> <div><div><br/>consequences</div><div><br/>focus</div><div><br/>rights</div><div><br/>responsibility</div><div><br/>duties</div><div><br/>support</div></div> |                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Key Resources &amp; Ideas</b> <p>SEAL New Beginnings, Barack Obama, Case study,</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <b>Children Needing More Support</b>                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

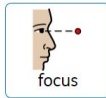
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| Year 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Autumn 2                                                                                                                                                                                                            | <b>Key Question</b><br><i>What can we do about bullying?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Online Relationships</li><li>➤ Being Safe</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can recognise bullying and bullying behaviour and some of the effects it has on those involved.</li><li><input type="checkbox"/> I can recognise feelings which suggest negative pressure from others <i>e.g. wanting approval.</i></li><li><input type="checkbox"/> I can recognise feelings which suggest negative pressure from within <i>e.g. self-criticism.</i></li><li><input type="checkbox"/> I know some things I can do when feeling negative pressure.</li><li><input type="checkbox"/> I have practised the <b>3 R's</b> to deal with negative pressure: <b>Resist, Reverse, Remove.</b></li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know it is important to speak out about things which make me uncomfortable or are not ok including discrimination and bullying.</li><li><input type="checkbox"/> Know what to do when feeling negative pressure using the language of a <b>'self-coach'</b> and <b>'self-bully'</b>.</li></ul> |
| <b>Vocab Widgets</b> <div>respect</div> <div>peer pressure</div> <div>pressure</div> <div>self coach</div> <div>self bully</div> |                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Images</b> <div></div> <div></div>                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Say No To Bullying, Rosa Parks, Case study                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                     | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

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| <b>Year 3</b>                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>Spring 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Key Question</b><br><i>What rules keep us safe?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|                                                                                                                                                                                                                                                                                                                                                                      | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"> <li>➤ Families and people who care for me.</li> <li>➤ Respectful Relationships</li> <li>➤ Being Safe</li> <li>➤ Mental Well Being</li> <li>➤ Internet Safety and Harms</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>Learning Outcomes</b><br><b>Skills</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> I have some strategies for keeping safe around the risk outlined in the curriculum including water safety for swimming, rivers and the coast.</li> <li><input type="checkbox"/> I am beginning to develop risk assessing strategies for activities I take part in.</li> <li><input type="checkbox"/> I can describe some strategies for dealing with things which make me uncomfortable including knowing who I can talk to if I am worried about anything.</li> </ul>                                                                                                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>Vocab Widgets</b> <div>  Stress Bucket          anxiety          stress          honesty       </div> <div>  hazard          risk          private          dangerous       </div> | <b>Knowledge</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know I have the right to be <b>‘Safe, Strong and Free.’</b></li> <li><input type="checkbox"/> I know some risks involved in using modern technologies (mobiles/internet/online gaming) including a lack of sleep, inactivity and remembering the SMART rules for online use.</li> <li><input type="checkbox"/> I know some things should be kept private and how to keep these boundaries.</li> <li><input type="checkbox"/> I know how to stay safe in the countryside and can recognise some of the hazards such as animals, plants and farming in our local community.</li> <li><input type="checkbox"/> I know some of the Countryside code and why it is in place.</li> </ul> |
| <b>Images</b> <div>      </div> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Good to be me, Gandhi, Case study                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

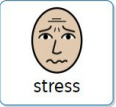
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| Year 3                                                                                                                                                                                                                                                                                                                                                                                                                                  | Spring 2                                                                                                                                  | <b>Key Question</b><br><i>How can we keep our bodies well?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                                                                                                                                                                                                                                                                                                                                                         | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Physical Health and Fitness</li><li>➤ Health and Prevention</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I recognise the shared responsibility in maintaining a clean environment.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know the effects of exercise on our bodies and the benefits of regular exercise.</li><li><input type="checkbox"/> I know what bacteria and viruses are, how they spread and how to help prevent their spread.</li><li><input type="checkbox"/> I know I am responsible for my own personal hygiene. (cc RSE)</li></ul> |
| <b>Vocab Widgets</b> <div>perseverance</div> <div>hygiene</div> <div>bacteria</div> <div>virus</div> |                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Images</b> <div></div> <div></div>                                                                                                                                                                                                                                 |                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Key Resources &amp; Ideas</b> <p>SEAL Going for Goals, Edward Jenner, Case study, <a href="https://www.e-bug.eu/">https://www.e-bug.eu/</a></p>                                                                                                                                                                                                                                                                                      |                                                                                                                                           | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

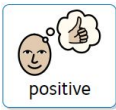
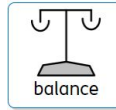
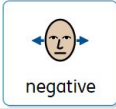
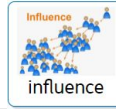
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| Year 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Summer 1                                                                                                                                                                                                       | <b>Key Question</b><br><i>How can we describe our feelings?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know some ways to respond to how others are feeling and have practised these skills.</li><li><input type="checkbox"/> I know some positive ways of sharing feelings and managing them.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know that lots of different feelings can be felt at once and that some feelings intensify and might become overwhelming.</li><li><input type="checkbox"/> I can recognise and name a range of good and bad feelings.</li><li><input type="checkbox"/> I recognise a range of feelings in others.</li><li><input type="checkbox"/> I know the difference between healthy and unhealthy relationships knowing everyone has the right to feel <b>safe, strong and free</b> in a relationship.</li><li><input type="checkbox"/> I can identify different types of relationships and identify some ways special relationships are recognised e.g Mother's Day, Anniversaries, Weddings/Civil Partnerships.</li></ul> |
| <b>Vocab Widgets</b> <div><div>maturity</div></div> <div><div>relationships</div></div> <div><div>wedding</div></div> <div><div>civil partnership</div></div> <div><div>overwhelming</div></div> |                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Key Resources &amp; Ideas</b> <p>SEAL Getting on and falling out, SEAL Relationships, Case study</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

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| Year 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Summer 2                                                                                                                                                                                      | <b>Key Question</b><br><i>How are we growing &amp; changing?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Respectful Relationships</li><li>➤ Science Curriculum (No right to withdraw)</li><li>➤ Changing Adolescent Body</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can identify attributes required to work with others e.g. listening, cooperating, contributing, encouraging, presenting and leading.</li><li><input type="checkbox"/> I have found ways to manage disagreements which might arise in collaborative work.</li><li><input type="checkbox"/> I know why it is important to listen to other's points of view and can constructively challenge other people's' points of view.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> See RSE policy and planning</li><li><input type="checkbox"/> I can identify a range of payment forms, not just coins and notes and the role of money in people's lives.</li></ul> |
| <b>Vocab Widgets</b> <div><div><br/>contribute</div><div><br/>collaborate</div><div><br/>cooperation</div><div><br/>challenge</div><div><br/>encourage</div></div> |                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Images</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Changes, Case study, CWP                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                               | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

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| Year 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Autumn 1                                                                                                                                                 | <b>Key Question</b><br><i>What rights and responsibilities do children have?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Being Safe</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can explain why it is important to ‘think before we act’ and practice thinking of the consequences of actions.</li><li><input type="checkbox"/> I know ways in which laws and rules keep us safe.</li><li><input type="checkbox"/> I can take part in making class and playground rules and know how to change rules if they are not working.</li><li><input type="checkbox"/> I know ways to ask for support, including online, helplines and trusted people.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can name some rights, responsibilities and duties I have.</li><li><input type="checkbox"/> I know how my choices and actions have impacted myself and others.</li><li><input type="checkbox"/> I know I have a personal responsibility to report when things are unsafe for myself or others and know ways to do this online and in the real world.</li></ul> |
| <b>Vocab Widgets</b> <div><div><p>focus</p></div><div><p>trusted</p></div><div><p>consequences</p></div><div><p>reform</p></div><div><p>impact</p></div><div><p>sustainability</p></div></div> |                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL New Beginnings, Dr. Barnardo, Case study, 360 Skills Resources,<br><a href="https://www.e-bug.eu/">https://www.e-bug.eu/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                          | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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| Year 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Autumn 2                                                                                                                                                                                                                                                                                                                                                       | Key Question<br>What is diversity?                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | DfE Y6 Outcome Links <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li></ul>                                                                                                                                                                                    | Learning Outcomes<br>Skills <ul style="list-style-type: none"><li><input type="checkbox"/> I recognise and challenge <i>stereotyping</i> and <i>discrimination</i>.</li><li><input type="checkbox"/> I know what is meant by ‘community’.</li><li><input type="checkbox"/> I can recognise bullying and bullying behaviour and some of the effects it has on those involved.</li><li><input type="checkbox"/> I know that we all belong to different communities and can name some.</li></ul> |
| Vocab Widgets <div><div><br/>anti-social</div><div><br/>community</div><div><br/>discrimination</div><div><br/>respect</div><div><br/>Human Right</div><div><br/>stereotype</div></div> |                                                                                                                                                                                                                                                                                                                                                                | Knowledge <ul style="list-style-type: none"><li><input type="checkbox"/> I know children have special rights in international law known as the United Nations Declaration of the Rights of the Child.</li><li><input type="checkbox"/> I know the importance of human rights.</li><li><input type="checkbox"/> I know it is important to speak out about things which make me uncomfortable or are not ok including discrimination, anti-social behaviour and bullying.</li></ul>             |
| Images                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <div></div> <div></div> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Key Resources & Ideas<br><br>SEAL Say No To Bullying, Civil Rights – Martin Luther King Jr, Case study, 360 Skills Resources,                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                | Children Needing More Support                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |

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| Year 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Spring 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>Key Question</b><br><i>How can we keep safe?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"> <li>➤ Caring Friendships</li> <li>➤ Online Relationships</li> <li>➤ Being Safe</li> <li>➤ Mental Well Being</li> <li>➤ Internet Safety and Harms</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>Learning Outcomes</b><br><b>Skills</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> I have built strategies to manage stress levels including using the imagery of a ‘stress-bucket’.</li> <li><input type="checkbox"/> I have some strategies for keeping safe around electricity.</li> <li><input type="checkbox"/> I am beginning to develop risk assessing strategies for activities I take part in.</li> <li><input type="checkbox"/> I can describe some strategies for dealing with things which make me uncomfortable including knowing who I can talk to if I am worried about anything.</li> </ul> |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Vocab Widgets</b> <div>     </div> <div>    </div> | <b>Knowledge</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know what stress and anxiety look and feel like.</li> <li><input type="checkbox"/> I know I have the right to be <b>‘Safe, Strong and Free.’</b></li> <li><input type="checkbox"/> I know some risks involved in using modern technologies (mobiles/internet/online gaming etc) including sharing private information, harassment, for example trolling and how to report things they are concerned by.</li> </ul>                                                                                                                              |
| <b>Images</b> <div>        </div> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Good to be me, Case study, 360 Skills - Star Struck,                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

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| Year 4                                                                                                                                                                 | Spring 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>Key Question</b><br><i>What things are good and bad for our bodies?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                                                                                        | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"> <li>➤ Being Safe</li> <li>➤ Mental Well Being</li> <li>➤ Physical Health and Fitness</li> <li>➤ Healthy Eating</li> <li>➤ Drugs, Alcohol and Tobacco</li> <li>➤ Changing Adolescent</li> <li>➤ Health and Prevention</li> </ul>                                                                                                                                                                                                                                                             | <b>Learning Outcomes</b><br><b>Skills</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> I can describe what influences our choices about food.</li> <li><input type="checkbox"/> I know what is meant by physical, mental and emotional health and can identify choices which can positively or negatively affect someone's health.</li> </ul><br><b>Knowledge</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know how to maintain healthy teeth. (cc Science)</li> <li><input type="checkbox"/> I know what a 'balanced diet' includes.</li> <li><input type="checkbox"/> I know some risks around food preparation and storage and how to prevent them making us unwell.</li> <li><input type="checkbox"/> I know some help available to help those wanting to stop unhealthy habits.</li> <li><input type="checkbox"/> I know what a habit is and can give some examples which are healthy and some are not.</li> <li><input type="checkbox"/> I know the effects of exercise on our bodies and the benefits of regular exercise.</li> </ul> |
|                                                                                                                                                                        | <b>Vocab Widgets</b> <div>    </div> <div>    </div> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Images</b>                                                                                                                                                          |                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Going for Goals, Case study, 360 Skills - Switch your settings, <a href="https://www.e-bug.eu/">https://www.e-bug.eu/</a> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

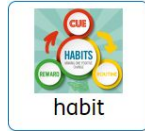
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| Year 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Summer 1                                                                                                                                                                                                                                      | <b>Key Question</b><br><i>How do I express my feelings and opinions?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|                                                                                                                                                                                                                                                                                                                                                                                              | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Online Relationships</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know some positive ways of sharing feelings and managing them.</li><li><input type="checkbox"/> I recognise a range of feelings in others.</li><li><input type="checkbox"/> I know some ways to respond to how others are feeling and have practised these skills.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know the difference between healthy and unhealthy relationships.</li><li><input type="checkbox"/> I know everyone has the right to feel <b>safe, strong and free</b> in a relationship.</li><li><input type="checkbox"/> I can recognise and name a range of good and bad feelings.</li><li><input type="checkbox"/> I know that lots of different feelings can be felt at once and that some feelings intensify and might become overwhelming.</li><li><input type="checkbox"/> I can identify different types of relationships and identify some ways special relationships are recognised e.g Mother's Day, Anniversaries, Weddings/Civil Partnerships.</li></ul> |
| <b>Vocab Widgets</b> <div><div><br/>intense</div><div><br/>peer pressure</div><div><br/>relationships</div><div><br/>maturity</div></div> |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Images</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Getting on and falling out, SEAL Relationships, Case study, 360 Skills Resources                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                               | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

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| Year 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Summer 2                                                                                                                                                                                                                                                                                   | <b>Key Question</b><br><i>How do we grow &amp; change?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Science Curriculum (No right to withdraw)</li><li>➤ Mental Well Being</li><li>➤ Internet Safety and Harms</li><li>➤ Changing Adolescent Body</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know how to set targets for the future including setting small steps toward achieving a goal.</li><li><input type="checkbox"/> I know why it is important to listen to other’s points of view and can constructively challenge other people’s’ points of view.</li><li><input type="checkbox"/> I have found ways to manage disagreements which might arise in collaborative work.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> See RSE policy and planning.</li><li><input type="checkbox"/> I can describe some times which involve change or transition including puberty.</li><li><input type="checkbox"/> I can identify a range of feelings people might have when going through these.</li><li><input type="checkbox"/> I know what key facts about the menstrual cycle including what is an average period, range of menstrual products and the implications for emotional and physical health.</li><li><input type="checkbox"/> Describe how to listen well to others</li><li><input type="checkbox"/> Identify attributes required to work with others e.g. listening, cooperating, contributing, encouraging, presenting and leading.</li></ul> |
| <b>Vocab Widgets</b> <div><div>contribute</div></div> <div><div>collaborate</div></div> <div><div>presentation</div></div> <div><div>constructive</div></div> <div><div>leadership</div></div> |                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Changes, Steven Hawking, Case study, 360 Skills Resources, CWP                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                            | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

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| Year 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Autumn 1                                                      | <b>Key Question</b><br><i>What makes a community?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>DfE Y6 Outcome Links</b><br><br>➤ Respectful Relationships | <b>Learning Outcomes</b><br><i>Skills</i><br><input type="checkbox"/> I can explain the importance of stopping, taking a step back and asking ‘what if...’<br><br><i>Knowledge</i><br><input type="checkbox"/> I know ways to ask for support, including online, helplines and trusted people.<br><input type="checkbox"/> I know I have a personal responsibility to report when things are unsafe for myself or others and know ways to do this.<br><input type="checkbox"/> I can name some rights, responsibilities and duties I have.<br><input type="checkbox"/> I know there is a limited supply of these environmental and monetary resources, so decisions have to be made about how to allocate them.<br><input type="checkbox"/> I know who makes decisions about the allocation of resources sharing my thoughts on how they could be used. |
| <b>Vocab Widgets</b><br><div>focus</div> <div>democracy</div> <div>environmental</div> <div>reflections</div> <div>financial</div> <div>monetary</div> |                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Images</b><br><div></div> <div></div>                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL New Beginnings, Elizabeth Fry, Case study, 360 Skills Resources,                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Children Needing More Support</b>                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |

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| Year 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Autumn 2                                                                                                                           | <b>Key Question</b><br><i>What does discrimination mean?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Respectful Relationships</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can research a topical issue linked to health or mental well-being with evidence for my opinions.</li><li><input type="checkbox"/> I respect the opinions of others during a discussion or debate.</li><li><input type="checkbox"/> I recognise and challenge <i>stereotyping</i> and <i>discrimination</i>.</li><li><input type="checkbox"/> I know it is important to speak out about things which make me uncomfortable or are not ok.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know children have special rights in international law known as the United Nations Declaration of the Rights of the Child.</li><li><input type="checkbox"/> I know the importance of human rights.</li></ul> |
| <b>Vocab Widgets</b> <div><br/>respect</div> <div><br/>discrimination</div> <div><br/>negotiate</div> <div><br/>compromise</div> <div><br/>sex</div> <div><br/>gender</div> <div><br/>sexual orientation</div> |                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Say No To Bullying, William Booth, Case study, 360 Skills Resources                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                    | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

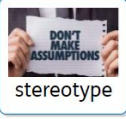
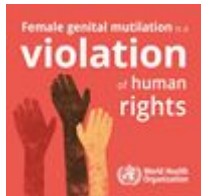
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| Year 5                                                                                       | Spring 1                                                                                                                                                                                                                                                                                                                                                                 | <b>Key Question</b><br><i>How can we keep safe online?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|              | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"> <li>➤ Respectful Relationships</li> <li>➤ Online Relationships</li> <li>➤ Science Curriculum</li> <li>➤ Mental Well Being</li> <li>➤ Internet Safety and Harms</li> </ul>                                                                                                                                 | <b>Learning Outcomes</b><br><b>Skills</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> I can identify situations where physical touch is: acceptable/wanted/appropriate or unacceptable/unwanted/inappropriate.</li> <li><input type="checkbox"/> I have some strategies for keeping safe around the risk outlined in the curriculum.</li> <li><input type="checkbox"/> I am continuing to develop risk assessing strategies for activities I take part in.</li> <li><input type="checkbox"/> I can begin to detect bias in media content.</li> <li><input type="checkbox"/> I can describe some strategies for dealing with things which make me uncomfortable including knowing who I can talk to if I am worried about anything</li> </ul> |
|                                                                                              | <b>Vocab Widgets</b> <div>     </div> | <b>Knowledge</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know I have the right to be <b>'Safe, Strong and Free.'</b></li> <li><input type="checkbox"/> I know some risks involved in using modern technologies (mobiles/internet/online gaming etc) including harassment and scams.</li> <li><input type="checkbox"/> I know that comments I put online can be traced back to me, even I they are anonymous.</li> <li><input type="checkbox"/> I know why social media, some computer games and online gaming, for example, are age restricted.</li> <li><input type="checkbox"/> I know that media and online claims may not always be true.</li> </ul>                                                                               |
| <b>Images</b>                                                                                | <div>    </div>                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Good to be me, Case study, 360 Skills Resources |                                                                                                                                                                                                                                                                                                                                                                          | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

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| Year 5                                                                                                                                                                                                                                                                                                                                                                                     | Spring 2                                                                                                                                                                                                                             | <b>Key Question</b><br><i>What choices help health?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                                                                                                            | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Mental Well Being</li><li>➤ Physical Health and Fitness</li><li>➤ Drugs, Alcohol and Tobacco</li><li>➤ Health and Prevention</li><li>➤ Basic First Aid</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know how to ask for help or advice around mental health.</li><li><input type="checkbox"/> I know what to do in an emergency, including some basic 1<sup>st</sup> aid.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know what is meant by physical, mental and emotional health and can identify choices which can positively or negatively affect someone’s health.</li><li><input type="checkbox"/> I know what a habit is and can give some examples which are healthy and some are not.</li><li><input type="checkbox"/> I know how to contact the emergency services and when this is appropriate.</li><li><input type="checkbox"/> I know some help available to help those wanting to stop unhealthy habits.</li><li><input type="checkbox"/> How to recognise early signs of physical illness, such as weight loss/gain, or unexplained changes to the body.</li></ul> |
| <b>Vocab Widgets</b> <div>perseverance</div> <div>habit</div> <div>emergency</div>                                                       |                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Images</b> <div></div>                                                                                                              |                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Key Resources &amp; Ideas</b> <p>SEAL Going for Goals, Winston Churchill, Case study, 360 skills - Helping Hands, 360 Skills - Drugs, Alcohol &amp; Tobacco, <a href="https://www.e-bug.eu/">https://www.e-bug.eu/</a>, <a href="https://firstaidchampions.redcross.org.uk/en/primary/first-aid-skills/">https://firstaidchampions.redcross.org.uk/en/primary/first-aid-skills/</a></p> |                                                                                                                                                                                                                                      | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |

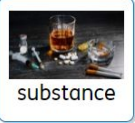
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| Year 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Summer 1                                                                                                                                                                                  | <b>Key Question</b><br><i>What makes a positive relationship?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"> <li>➤ Caring Friendships</li> <li>➤ Respectful Relationships</li> <li>➤ Being Safe</li> <li>➤ Mental Well Being</li> </ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> I have practised the 3R's to resist, reverse and remove peer pressure.</li> <li><input type="checkbox"/> I have some strategies for managing complex and conflicting emotions.</li> <li><input type="checkbox"/> I know who I can talk to if I am concerned or feel uncomfortable or under pressure to do something I don't want to.</li> </ul> <i>Knowledge</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know the difference between healthy and unhealthy relationships.</li> <li><input type="checkbox"/> I know everyone has the right to feel <b>safe, strong and free</b> in a relationship.</li> <li><input type="checkbox"/> I know what peer pressure is and can give examples of when this might happen.</li> <li><input type="checkbox"/> I know the difference between a dare and a positive challenge.</li> </ul> |
| <b>Vocab Widgets</b> <div> <div>  <p>maturity</p> </div> <div>  <p>challenge</p> </div> <div>  <p>conflict</p> </div> <div>  <p>complex</p> </div> <div>  <p>peer pressure</p> </div> <div>  <p>resist</p> </div> <div>  <p>reverse</p> </div> <div>  <p>remove</p> </div> </div> |                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Images</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Getting on and falling out, SEAL Relationships, Case study, 360 skills - Worrying Whispers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                           | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

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| Year 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Summer 2                                                                                                                                                                                                                                                                                              | <b>Key Question</b><br><i>How do we grow and change?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Science Curriculum (No right to withdraw)</li><li>➤ Mental Well Being</li><li>➤ Changing Adolescent Body</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can recognise the importance of sharing memories and where I can go for help during times of change, transition and loss.</li><li><input type="checkbox"/> I can identify the connection between love, relationships and conception. (RSE)</li><li><input type="checkbox"/> I know who to tell if someone asks me to keep a secret that makes me feel uncomfortable, especially if they put pressure on me to keep it a secret.</li><li><input type="checkbox"/> I can describe how someone in debt might feel.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> See RSE policy and planning</li><li><input type="checkbox"/> I can describe some times which involve change or transition.</li><li><input type="checkbox"/> I can identify a range of feelings people might have when going through these.</li><li><input type="checkbox"/> I know why the government collects taxes and some ways they use them.</li><li><input type="checkbox"/> I know the difference between credit and debt.</li></ul> |
| <b>Vocab Widgets</b> <div><div><br/>transition</div><div><br/>identity</div><div><br/>personality</div><div><br/>conception</div><div><br/>credit</div><div><br/>debt</div></div> |                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Changes, Case study, 360 Skills Resources, CWP                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                       | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

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| Year 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Autumn 1                                                                                                                                                                                               | <b>Key Question</b><br><i>What responsibilities do I have?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Respectful Relationships</li><li>➤ Being Safe</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know I have a range of responsibilities, for example to myself, my family, the school and the environment and can show this with examples of my own actions.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know how laws are made.</li><li><input type="checkbox"/> I know why laws are made.</li><li><input type="checkbox"/> I know how I can take part in making and changing laws.</li></ul> |
| <b>Vocab Widgets</b> <div><div><br/>focus</div><div><br/>campaign</div><div><br/>law</div><div><br/>legislation</div><div><br/>litigation</div></div> |                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Key Resources &amp; Ideas</b> <p>SEAL New Beginnings, Emily Pankhurst, Roy Castle, Case study, 360 Skills Resources,</p>                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                        | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |

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| Year 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Autumn 2                                                                                                                                                                                                | <b>Key Question</b><br><i>What are human rights?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Being Safe</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can discuss and debate topical issues with evidence for my opinions.</li><li><input type="checkbox"/> I respect the opinions of others during a discussion or debate.</li><li><input type="checkbox"/> I know it is important to speak out about things which make me uncomfortable or are not ok.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know the importance of human rights.</li><li><input type="checkbox"/> I know children have special rights in international law known as the United Nations Declaration of the Rights of the Child.</li></ul> |
| <b>Vocab Widgets</b> <div>respect</div> <div>discrimination</div> <div>stereotype</div> <div>debate</div> <div>declaration</div> |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Images</b> <div></div> <div></div> <div></div> <div></div> <div></div>                                                  |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Say No To Bullying, Harriet Tubman, Case study, 360 Skills Resources                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                         | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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| Year 6                                                                                                                                                                                                                                                                                                                                                                                                                         | Spring 1                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>Key Question</b><br><i>How can we manage risk?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|                                                                                                                                                                                                                                                                                                                                                | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"> <li>➤ Outcomes Areas</li> <li>➤ Families and people who care for me.</li> <li>➤ Caring Friendships</li> <li>➤ Respectful Relationships</li> <li>➤ Online Relationships</li> <li>➤ Being Safe</li> <li>➤ Mental Well Being</li> <li>➤ Internet Safety and Harms</li> </ul>                                                                                                    | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> I have some strategies for keeping safe around the risk outlined in the curriculum.</li> <li><input type="checkbox"/> I am developing risk assessing strategies for activities I take part in.</li> <li><input type="checkbox"/> I know who I can talk to if I am worried.</li> </ul> <i>Knowledge</i> <ul style="list-style-type: none"> <li><input type="checkbox"/> I know I have the right to be <b>'Safe, Strong and Free.'</b></li> <li><input type="checkbox"/> I know some risks involved in using modern technologies (mobiles/internet/online gaming etc) including managing online relationships and overuse of online platforms.</li> </ul> |
|                                                                                                                                                                                                                                                                                                                                                                                                                                | <b>Vocab Widgets</b> <div>  honesty          technologies          radical          prevent       </div> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Images</b> <div>     </div> <div> HOLOCAUST<br/>MEMORIAL<br/>DAY TRUST         </div> |                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Good to be me, Case study, 360 Skills - Street Smarts                                                                                                                                                                                                                                                                                                                             | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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| Year 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Spring 2                                                                                                                                                                                        | <b>Key Question</b><br><i>How can we stay healthy?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Being Safe</li><li>➤ Mental Well Being</li><li>➤ Physical Health and Fitness</li><li>➤ Drugs, Alcohol and Tobacco</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know how to ask for help or advice around drugs.</li><li><input type="checkbox"/> I know what to do in an emergency including some basic 1<sup>st</sup> aid.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I can name some reasons a person might use a drug (good and bad)</li><li><input type="checkbox"/> I recognise there are laws around substances and drugs.</li><li><input type="checkbox"/> I know there are risks related to using any drug.</li><li><input type="checkbox"/> I can name some of the consequences of substance misuse.</li><li><input type="checkbox"/> I know how and when to contact the emergency services.</li></ul> |
| <b>Vocab Widgets</b> <div><br/>perseverance</div> <div><br/>substance</div> <div><br/>misuse</div> <div><br/>motivation</div>                                                  |                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Key Resources &amp; Ideas</b> <p>SEAL Going for Goals, Case study, 360 Skills Resources, <a href="https://www.e-bug.eu/">https://www.e-bug.eu/</a>,<br/><a href="https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/cpr-training-resources">https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/cpr-training-resources</a>,<br/><a href="https://firstaidchampions.redcross.org.uk/en/primary/first-aid-skills/">https://firstaidchampions.redcross.org.uk/en/primary/first-aid-skills/</a></p> | <b>Children Needing More Support</b>                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

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| Year 6                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Summer 1                                                                                                                                                                                                       | <b>Key Question</b><br><i>What makes a positive relationship?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                                                                                                                                                                                                                                                                                                                                                                               | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Caring Friendships</li><li>➤ Respectful Relationships</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><i>Skills</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I have some strategies for managing complex and conflicting emotions.</li><li><input type="checkbox"/> I have practised the 3R's to resist, reverse and remove peer pressure.</li><li><input type="checkbox"/> I know who I can talk to if I am concerned or feel uncomfortable.</li></ul><br><i>Knowledge</i> <ul style="list-style-type: none"><li><input type="checkbox"/> I know the difference between healthy and unhealthy relationships.</li><li><input type="checkbox"/> I know what peer pressure is and can give examples of when this might happen.</li></ul> |
| <b>Vocab Widgets</b> <div><br/>maturity</div> <div><br/>peer pressure</div> <div><br/>challenge</div> <div><br/>dare</div> |                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Key Resources &amp; Ideas</b> <p>SEAL Getting on and falling out, Eric Liddle, Anne Frank, SEAL Relationships, Case study, 360 Skills Resources</p>                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

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| Year 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Summer 2                                                                                                                                                                                                                                                             | <b>Key Question</b><br><i>What changes might we experience?</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>DfE Y6 Outcome Links</b> <ul style="list-style-type: none"><li>➤ Families and people who care for me.</li><li>➤ Respectful Relationships</li><li>➤ Online Relationships</li><li>➤ Science Curriculum (No right to withdraw)</li><li>➤ Mental Well Being</li></ul> | <b>Learning Outcomes</b><br><b>Skills</b> <ul style="list-style-type: none"><li><input type="checkbox"/> I know who to tell if someone asks me to keep a secret that makes me feel uncomfortable, especially if they put pressure on me to keep it a secret.</li><li><input type="checkbox"/> I can identify a range of feelings people might have when going through changes.</li><li><input type="checkbox"/> I can identify the connection between love, relationships and conception. (RSE)</li></ul><br><b>Knowledge</b> <ul style="list-style-type: none"><li><input type="checkbox"/> I can describe some times which involve change or transition.</li><li><input type="checkbox"/> See RSE policy and planning</li></ul> |
| <b>Vocab Widgets</b> <div><div><br/>transition</div><div><br/>confidential</div><div><br/>confidante</div><div><br/>consent</div><div><br/>graduation</div></div> |                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Images</b> <div></div>                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Key Resources &amp; Ideas</b><br><br>SEAL Changes, Case study, 360 Skills - Worry Guts, CWP                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                      | <b>Children Needing More Support</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |